

Diabetes update and Covid-19 2/4/20

For all people with type 1 DM in South/Erewash:

If you are unwell and need emergency advice regarding your diabetes please phone 01332 787671 between 8am-5pm.

For all people with type 1 DM in North Derbyshire:

If you are unwell and need emergency advice regarding your diabetes please phone 07880 147785 between 8am-5pm.

Derby & Derbyshire Clinical Commissioning Group

Diabetes Up-dates - Week ending 27/03/2020

Area	Update
<u>Prescriptions / Medications</u>	<p>People with type 1 diabetes need access to an adequate supply of insulin, blood glucose testing strips and blood ketone testing strips.</p> <p>You can order Glucomen Areo on 0800 243667 or CareSENS Dual on 0800 881 5423. Both companies are happy for clinicians or patients to contact them and they will send the meter and leaflets on how to use a ketone meter directly to the patient.</p> <p>People with type 2 diabetes also need a reasonable supply of their usual medication and blood glucose testing strips if used.</p> <p>Please advise patients who are feverish and unwell to stop diuretics, metformin (if vomiting/not eating and drinking normally) NSAIDs and especially SGLT2i such as empagliflozin and provide advice on when to restart these once better. Patients on empagliflozin need a blood ketone test at the GP practice when unwell even if they have normal blood glucose as they can get DKA.</p>
<u>Patient information</u>	<p>Sick day rules can be found at:</p> <p>Type 1: http://trend-uk.org/wp-content/uploads/2018/03/A5_T1Illness_TREND_FINAL.pdf</p>

	<p>Type 2: https://trend-uk.org/wp-content/uploads/2018/12/A5_T2Illness_TREND.pdf</p> <p>If these links are blocked on NHS computers, search for Trend sick day rules Type 1 diabetes or Trend sick day rules Type 2 diabetes.</p> <p>Diabetes UK have produced patient-facing guidance which is available here https://www.diabetes.org.uk/about_us/news/coronavirus</p>
<u>COVID-19 and Diabetes specialty guide v2 19th March 2020</u>	A COVID-19 and Diabetes specialty guide version 2 has been published by NHSE https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/speciality-guide-diabetes-19-march-v2.pdf
<u>Diabetes Covid19 training</u>	Cambridge Diabetes Education Programme (CDEP) have added a new module on Diabetes and Corona Virus. This is free for all staff. Contact candice.ward@addenbrookes.nhs.uk for further assistance if you do not already have access to CDEP.
<u>Structured Education</u>	<p>All groups cancelled.</p> <p>The Providers have contacted all affected patients and will be contacting them to rebook when they can. DAFNE: people with type 1 diabetes have been given number to contact the diabetes team at RDH.</p> <p>Xpert and DAY: People with type 2 diabetes will be signposted to online advice and guidance either through letters to current patients or through DCHS out of office e-mail response.</p>
<u>National Diabetes Prevention Programme</u>	All groups cancelled. All attendees informed by providers. Provider awaiting further instructions from NHS England. See correspondence NHSE/I and from the local Derbyshire provider on this below.

Other useful links:

Diabetes UK – Update advice for people with diabetes and their families
reference Covid:

https://www.diabetes.org.uk/about_us/news/coronavirus